

Mental Power Booster (MPB) **- Mental Energy/Physical Performance Formula**

Do you wake up feeling tired?
Do you wish you had more energy to make it through the day and evening?
Are you easily overwhelmed by stress?
Do you have difficulty concentrating or focusing?
Are you easily fatigued by normal exercise?
Could an energy boost help you reach your peak?
Do you have a hard time recovering from mental or physical fatigue?

If you *answered yes* to just one question, the answer is **YES! BioGreen's MPB is for you!**

Based on the most recent scientific studies, our formulators have put together a state-of-art supplement to support your physical energy needs, and your mental stamina.

Nutrients for Energy and Overall Good Health

MPB contains the very best energy-enhancing nutrients available. Nutrients that will help you accomplish your goals with a clear mind and plenty of physical stay-power. And because of the added B vitamins and minerals, you'll be getting much more than an energy boost.

You'll be putting "money in the bank." – meaning, you'll be supporting your overall health and well being. So that the next time you need to draw on your energy reserve, it'll be full, with plenty to spare.

How do I take MPB?

MPB is a complete energy formula, so you don't have to worry about taking a variety of different supplements to increase your energy and alertness. You simply mix 1 rounded tablespoon in 8 oz. of water or juice in the morning and afternoon, for a delicious, natural, orange drink.

Energy and Your Health

The brain is by far the most important and complex organ of the body. It directs our every movement and thought. And if we're sad, happy, mentally or physically fatigued, or ecstatically happy, we have the brain to thank.

But as complex as it is, the brain relies on a constant supply of nutrients from food and manufactures chemicals called neurotransmitters, which are responsible for brain function such as memory, concentration, and learning. Without adequate food and nutrients, the brain becomes sluggish, fatigued, and unable to concentrate. When this happens, we feel irritable, sleepy, and physically fatigued. We've all felt that way—after a long business meeting, or after going without food for several hours. And even though we may be providing our brains with adequate sugars from food, getting the right nutrients is even more difficult.

That's why we formulated MPB. MPB is a proprietary blend of vitamins, minerals, amino acids, and herbs designed to give your brain all the nutrients it needs to feel focused and energized. And when the brain is energized, so is the body. MPB also provides Huperzine A, a natural isolate from an herb known as Chinese club moss or *Huperzia serrata*. It is one of the most exciting new products for memory and cognition improvement, ever. This club moss has been used in traditional Chinese Medicine, for centuries, for the treatment of fever, inflammation, schizophrenia and memory loss.

Life's too short to spend your day feeling mentally and physically tired. With MPB, you can look forward to your day with enthusiasm because you'll have what it takes to accomplish everything that you set out to do—Energy!

A Powerful Formula to Keep You Going Strong All Day:

Huperzine A - Our brains work by sending electro-chemical signals from one brain cell (neuron) to another, across a minute gap called the Synapse. These electro-chemical messengers are called neurotransmitters. The efficient operation of our brains depends on having the correct amount of these neurotransmitters. Acetylcholine is among the most common neurotransmitters, one that has been directly linked to memory improvement and learning ability. Our bodies contain an enzyme called acetylcholine esterase that is intent on destroying acetylcholine. This process has been identified as playing a key role in memory and cognitive related deficiencies seen in conditions such as Alzheimer's, just plain old age and ordinary daily mental lapses. Fortunately, there is a natural supplement that inhibits the destruction of acetylcholine by acetylcholine esterase. That supplement is called Huperzine A.

As a modern herbal supplement, Huperzine A is used therapeutically to treat Alzheimer's disease and other age associated memory impairments. Huperzine A supports and enhances memory, concentration and healthy brain functioning by preserving levels of the important neurotransmitter, acetylcholine. The theory of how Huperzine A works is this; after the nerve impulse has been transmitted, an enzyme called acetylcholine esterase breaks down acetylcholine, The acetylcholine may be destroyed too quickly-so the nerve impulse is either too weak to be received or it is incompletely transmitted between nerve cells. Huperzine A seems to inhibit the activity of acetylcholine esterase-so the breakdown of acetylcholine is slowed and the strength and duration of the nerve impulse is improved. This alone, could make the difference between vaguely remembering something and clear recollection.

Acetyl-L-carnitine - This acetylated, high-energy ester of the amino acid L-carnitine contributes its acetyl group to the production of acetylcholine, the primary neurotransmitter for memory and thought. The enzyme that makes acetylcholine from acetyl groups and choline is choline acetyl transferase, The activity of this important enzyme has a tendency to decline with age, causing low acetylcholine levels which in turn are thought to contribute to the impairment of brain function that is associated with aging. Research has also found that acetyl-L-carnitine is active in optimizing the functioning of cerebral blood flow, as well as of nerve cell membranes.

Green Tea Extract - A bioflavonoid rich, potent extract, used primarily for fighting free radicals. Green Tea contains a potent antioxidant, EGCG, which is over 200 times more powerful than Vitamin E in neutralizing the pro-oxidants and free radicals that attack lipids in the brain.

Guarana - Also spelled Gurana, is a herb that grows in the Amazonian jungle of South America. Guarana's active compound is guaranine, which is similar to caffeine. However, while the caffeine which is found in coffee can tend to stress our body, can cause nervous anxiety and very often the temporary high produced, is followed by a let down. Guarana has none of these side effects and is actually beneficial. While the effects of caffeine has a much quicker effect on the body, the slow-release of guaranine, works better than caffeine. Another benefit is that guarana doesn't interfere with the sleep process (some believe it actually aids in producing a better quality of sleep) and is non-habit forming. Guarana promotes stamina, endurance and general body soothing. Guarana stimulates the brain, relieves stress and increase concentration.

Korean Ginseng - Also known as Panax Ginseng. This is a traditional herb which has been used for over 2000 years in Oriental countries. In eastern cultures, this herb is believed to have a tonic effect on the heart, lungs, digestive organs, liver and kidneys. It was also believed to quiet the inner spirit, expel fears, brighten eyes, open up the mind and improve understanding. Today Korean Ginseng is used not only in oriental countries, but its use has spread, worldwide. It takes as many as 6 years to cultivate this herb. Korean Ginseng contains 212 kinds of ginsenosides. (the element that makes Ginseng the important and effective herb it is), while other types of Ginseng typically contain only 8 or 9. Korean Ginseng is a powerful adaptogen, which means it helps the body to balance and stabilize itself. This is particularly important during times of mental stress, fatigue and when living in a less than optimum physical environment.

MPB Ingredients:

Vitamin B12 (Cyanocobalamin)	200 mcg
Proprietary MPB Blend (Maltodextrin, Acetyl-L-carnitine, Lecithin, Korean ginseng root extract (standardized to 20% ginsenosides), Fortified guarana seed extract (standardized for caffeine), Huperzine A, Green tea leaf extract, Beta Carotene, Beet juice powder)	1.4 mg

Other Ingredients:

Fructose, orange fruit powder, natural and artificial flavor, citric acid, sodium chloride.

Serving Size: 1 Heaping Tablespoon or 15 grams

The Food and Drug Administration have not evaluated these statements. The product is not intended to diagnose, treat, prevent or cure any disease. But rather is a dietary supplement intended solely for nutritional support